

**Need to Know:**

When I'm Scared,
(make scared face)

I Will
(thumbs to chest)

Trust Jesus!
(point up)

Bible Story:

Jesus Stops a Storm
Matthew 8:23-27

Materials:

- 🔔 **MiMi Monster Puppet**
- 🔔 **Hand Sanitizer**
- 🔔 **Snacks**
- 🔔 **Bible Story Picture Cards**
- 🔔 **Coloring Sheets**
- 🔔 **Crayons**
- 🔔 **Filler Guide**

Remember Verse:

"I prayed
(pretend to pray)

To the Lord,
(point up)

And He answered me.
(cup hand to ear)

He freed me
(wave arms & smile)

From all my fears."
(make scared face)

Psalms 34:4
(show 4 fingers)

Practice Remember Verse if time & attention spans allow. Use Filler Guide if needed.

Get Their Attention!

Materials: MiMi Monster Puppet

PLAY the "Clean Up Song" & have kids gather on the floor.

SIT/KNEEL with kids & tell them your name.

WELCOME kids to our FearBusters Lab. **EXPLAIN** that in our lab, we are FearBusters who work hard to say "bye, bye, bye" to all the things that scare us and our monster friends.

INTRODUCE & PASS MiMi Monster Puppet by saying:

Meet our friend, MiMi Monster! (Hold Up Puppet)

Everyone give a ROARsome "Hello" to MiMi! (Everyone waves & says "Hello".)

When MiMi Monster comes to you, in your best monster voice, tell her your name. (Kids will **PASS** puppet & introduce themselves to her. If child doesn't respond, **SAY** the child's name to the group and **PASS** puppet.)

AFTER all kids have been introduced, **SAY & DO** the following:

Can you show me a scared face? (Everyone makes scared faces.)

We all get scared sometimes. Even our monster friend, MiMi, gets scared sometimes! Today, let's teach MiMi how we can BUST our fears by trusting Jesus! Say this with me:

When I'm Scared (make scared face),
I Will (thumbs to chest)
Trust Jesus! (point up)

Make It Matter

Materials: Hand Sanitizer, Snacks, Bible Story Picture Cards, Coloring Sheets, Crayons, Filler Guide

PLAY the "Clean Up Song" & have kids gather into small groups on the floor or at a table.

SIT/KNEEL with a group of kids.

Have leaders & kids hold hands as you **SAY** the following prayer:

Dear Jesus, help us trust you when we are scared! Thank you for our snacks. We love you! Amen!

SANITIZE hands with **hand sanitizer** & **PASS OUT** **snacks**.

SHOW & READ Bible Story Picture Cards ("Jesus Stops a Storm") while kids eat.

PASS OUT **coloring sheets & crayons**. Talk with kids about what they're coloring & **ASK** the following questions to get to know your group as they color:

🔔 **Do you ever get scared of storms?** (Allow responses.)

🔔 **Can you TRUST JESUS when you are scared?** (Allow responses & **REVIEW** Need to Know to remind that Jesus wants to help BUST fears away!)

Use this time to ensure each child's **DIAPER** is changed or is taken to the **POTTY**.